

# Flying Away

## Nada Brahma and the Art of Music and Monotheism

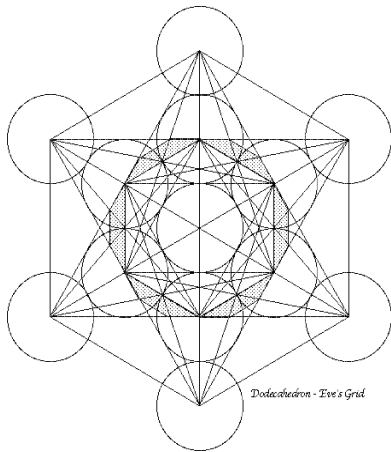
By Nic Morrey



*This paper has been written with the intention of grasping the understanding of Nada Brahma, that the world is sound...in the beginning was the word. Nada = sound, Brahma = God or the Universe. The possibility of being lost in the land of mysticism is potentially unsatisfying if concepts such as 'the world is full of vibration' are not grounded by experience or fact. As a composer/performer and psychologist in the field of music therapy, this paper draws on personal experiences in my work with the attempt to integrate and make sense of what lies beneath the veneer. I have used the song I composed called 'Flying away' as the backbone to the paper to integrate information into experience, and my experience into information, with the attempt to grasp a picture of 'the one whole truth'.*

*The Divine Tree in Man  
From Law's Figures of Jakob Böhme*

In the Vedas (the oldest recorded religious writings) the Hindus outline their idea of the *Nada* or 'Unstruck Sound' as a fundamental layer of reality that underlies the physical plane, which we perceive as matter. The Zen koan 'what is the sound of one hand clapping?' is answered by the understanding of Nada Brahma. The sound of one hand clapping is the sound of one hand clapping. We create so much meaning around what 'is', when in fact what is, is actually just how it is, and what we have in fact done is remove ourselves from the blueprint hidden within the secret of NOW. In the beginning there was a very subtle high frequency sound that our ears would not hear. The Sufi believes that all matter is vibration - ranging from the gross vibrations of physical reality to the fine vibrations of spirit. Nada Brahma is the mystical concept that nudges science toward the quest for unity. The more recent scientific research under the umbrella of M-theory appears to support these ancient ideas of reality, where subatomic particles may not be particles at all, but rather the resonance of an infinitely smaller layer of tightly woven strings that possibly contain hidden dimensions.



Like Metatron's cube (*Drawing by Drunvalo Melchizedek*) within alchemy and sacred geometry, if you look hard enough at this 2D drawing, the fruit of life design (12 around 1), you will see many shapes, including the 5 platonic solids, all in 3D, and possibly the 4<sup>th</sup> dimension if you know what you're looking for. Similarly our scientists are observing that if they analyze 3D objects closely, they are finding a world full of vibration on 4 dimensions and beyond, where matter is pictured as a holographic minefield of vibrating strings.

The song 'Flying away' begins each line with "speak to me.....". So the song is about communicating with these unseen laws that I 'feel' to be true. By asking for the connection to these laws is similar to the quest of breaking the 'God code', the meaning behind who we are and why we are here. It is not possible to sing an essay or thesis, so the words of the song are condensed into poetry. The power of a 'word', I am only now discovering has enormous implications that mirror thought. The effects of our thoughts are as powerful as the words used to express them and the actions that follow. This is why not only must I/we choose our words wisely, but also to be conscious of our thoughts which often race at the speed of light into areas of complication. The bottom line is that Nada Brahma offers the mind containment within its simple truth, and when asked, offers a path on which there is no return.



The meaning behind this song on the album 'Saqi' has been unraveling as a collection of answers which have come to me since writing the song, simply because I have asked for them. Through studying the language of the spirit, I am reminded by Carolyn Myss that I am not merely indulging in new spiritual theories or playing thought games that unite physics to Zen Buddhism.

*"We are meant to move toward self-discovery and spiritual maturity, to be ready and able to live a life that matters to us and those around us...."*

For me, the challenge is not only the formulation of these words, (one act of materializing spirit into matter and form) but more so living out these spiritual truths within my work and within my family home life on a daily or

even hourly level. Half way through my paper I discovered there were Seven Principles upon which the entire Hermetic Philosophy is based, and without knowing what I was originally writing about, the words fell into a structure with each principle and their relation to the song 'Flying away' and my experiences. Described in THE KYBALION: a study of Hermetic Philosophy,

*"he who knows these" seven truths, "understandingly, possesses the Magic Key before whose touch all the doors of the Temple fly open".*

These are:

- |   |                                   |  |
|---|-----------------------------------|--|
| 1 | The principle of Mentalism        | <i>"THE All is mind; The universe is Mental".</i>  |
| 2 | The principle of Correspondence   | <i>"As above, so below; as below, so above".</i>   |
| 3 | The principle of Vibration        | <i>"Nothing rests; everything moves; everything vibrates".</i>   |
| 4 | The principle of Polarity         | <i>"Everything is dual; everything has poles; everything has its pair of opposites; like and unlike are the same; opposites are identical in nature, but different in degree; extremes meet; all truths are but half-truths; all paradoxes may be reconciled".</i> |
| 5 | The principle of Rhythm           | <i>"Everything flows, out and in; everything has its tides; all things rise and fall; the pendulum-swing manifests in everything; the measure of the swing to the right is the measure of the swing to the left; rhythm compensates".</i>                          |
| 6 | The principle of Cause and Effect | <i>"Every cause has its Effect; every Effect has its cause; everything happens according to Law; Chance is but a name for Law not recognized; there are many planes of causation, but nothing escapes the Law".</i>  |
| 7 | The principle of Gender           | <i>"Gender is in everything; Everything has its Masculine and Feminine Principles; Gender manifests on all planes"</i>   |

I read in the Kybalion

*"So that according to the Teachings, the passage of this book to those ready for the instruction will attract the attention of such as are prepared to receive the Teaching. And, likewise, when the pupil is ready to receive the truth, then will this little book come to him or her. Such is the Law. The Hermetic principle of Cause and Effect, in its aspect of The Law of Attraction, will bring lips and ears together-pupil and book in company. So mote it be !"*

I ask for knowledge to come forth within the song below, and gradually I have been led to HERMES TRISMEGISTUS – the Master of Masters, on my recent tour (September 2006) through Byron Bay where I not only brought to "THE KYBALION" but also "THE EMERALD TABLETS OF THOTH". I now sleep with them under my pillow.

## **Flying away**

Speak to me you who are the blueness of the blue sky who shines in one point of time

Speak to me observer whose eyes are of the owl awaiting the moments in stillness who will wait in the patience of another world

Speak to me as light whose connection knows no difference, a sound of gradual tone whose spectrum is expressed through the dance and discovery of ones own limbs

Speak to me you who know no doubt you who confirm our walk and whose gentle persuasive vibration convinced us to matter and form

Speak to me as a dream whose symbolic answers are the reminders of our timeless clarity of pure intent and surrender, whose health has one language unable to be measured via the adaptation to the material

Speak to me in the seriousness of evolution and the playfulness of creativity; I join forces with the brightest of lights

**I've been meaning to tell you that I've got something to say to you  
There's great beauty in the shadows but lets concern your self with the sun**

**Do you know that we've been watching every move that you make?  
And now I give you wings to take off in flight**

You're flying away from here  
Flying away from us all

The theme throughout this paper has the constant reference to sound and music. As a musician I draw on my personal involvement in this art form, as music is seen to represent something much greater than I had ever anticipated when starting guitar at the age of 16 years. On Lothlorien's latest album 'Saqi' we have quoted

*"But among all the different arts, the art of music has been especially considered divine, because it is the exact miniature of the law working through the whole universe"*

*Hazrat Inayat Khan*

This is the story of my quest to see if what he says is true, a quest that I have presumed requires a still point, an understanding of a present moment within the vast and infinite, to see things for what they are, before judgment. As an *energy psychologist* I will also draw on references from the more scientific literature that supports the mystic's view, with the attempt to make these theories more real and palatable for integration into everyday life. It is my quest for authenticity within a world full of theoretical positions. How to apply the golden words and theories into actual experience is the challenge I bring to myself, and to open myself up to the possibilities of transformation as opposed to the always-tastier greener grass on that other hillside. Hermes second principal of correspondence "as above, so below" summarizes this relationship between the sky and the earth, where everything we need to know and learn about is right in front of us, if we choose to look at it with a cosmic, greater eye or infinite mind. We look up and see the blue sky all the time, yet we rarely ask ourselves what is this blueness, where does this blueness come from, and what's beyond it?



For me, this enquiry raises fundamental questions for example about our position in the galaxy, natural physics, sociology, psychology and true health, our history or origin as a species, sacred mathematics and geometry, modern crop circles, other life in space, the universal energy field, the ancient calendars, or in other words, 'what's the integral theory of everything?'



Unlike the power of fission, of splitting an atom, which demonstrates the negative effects of pulling apart the universe; this concept rather refers to fusion, where like our sun (a huge fusion reactor), we are becoming aware of using the power that holds the universe together. Imagine if all truth could be found in for example a mustard seed, and with this knowledge, whole towns could be run from its energy.

The mind of the microcosm from Robert Fludd *Utriusque cosmi... historia*, 1619.(coloured by Adam Mclean)

*"That which is the Fundamental Truth - the substantial reality - is beyond the true naming, but the wise men call it THE ALL"*

*The Kybalion*

The Kybalion reminds us, although THE ALL is unnamable and unknowable, the human mind nevertheless can grasp and accept reflections of this larger picture. These are the subjects under enquiry and are reasonably expressed. Like the creation of a map, yet this evidence is both seen and unseen through the 3 dimensional scanning eye, and although the drawings are still on paper, they represent more than the surface of the planet, expressing the holographic nature of the universal mind. Like a child who formulates a word for the first time, I am a child learning the universal language of vibration.

THE ALL must be ALL that REALLY IS. There can be nothing existing outside of THE ALL, else THE ALL would not be THE ALL. THE ALL must be ETERNAL, for there is nothing else to have ever created it nor destroy it. It can never 'not be'. It is INFINITE and Everywhere as there is no place outside THE ALL, and it is subject to no other Power for there is no other Absolute Power. THE ALL is IMMUTABLE and non changeable from its real nature, for there is nothing to work changes upon it, to add or subtract from, to increase or diminish or become greater or lesser of.

The nature of mind has it that we are what we believe we are. The universal mind creates mentally, with images and thoughts just like we do, without the use of materials or creation through reproducing itself in its own image. If THE ALL could create itself in its own image (*one explanation for the creation of the universe*) then we must assume a limitation of a multiplication or addition that is not within its nature. It is beyond Gender. The difference of mind is that our mind is finite, and the universal mind is infinite. They are similar, but differ in degree. If we believe and say to ourselves "I AM GOD", this is like saying "I don't really know who I am so I must be god". When we delve a little deeper, our minds can only comprehend an aspect of the infinite mind, the universal mind, and we must rest here for the time being.

## ***“Speak to me you who are the blueness of the blue sky whose quest shines in one point of time”***

Before reading this passage, or for that matter the whole paper, I feel it is very important to ask some fundamental questions about oneself before going down the road of mysticism. It is too easy for us to believe that something out there is going to happen to us which is out of our control and that we will just go along with its effects/affects like riding the wave. Fundamentally the paradox is that this is how it is, but there is a responsibility to own our past hurts and stories which trap us in the past, which then creates our future. The one point in time in the song lyric refers to the **NOWNESS** of the present moment. For example when I say “I have love in my life”, the fundamental question is how am I being that love right now. If I do not love those around me now then I would have to admit to myself that I actually do not have love in my life because there is no such thing as the past or the future, only right now. Through my training with Vipassana meditation and my education I have been taught to take notice of the monkey mind, the little chattering voice that has an opinion about everything. These opinions, judgments are all based on a set of scenarios which have happened in my past which allow me to create meaning from an event which simply might otherwise just be an event without meaning.

An example would be when my grandmother washed my mouth out with soap for swearing when I was 6 years old gave me the idea that I must watch what I say, say the things that people would like to hear as opposed to what I felt they needed to hear. This experience has carried throughout my life in many areas, and so as an adult musician, I have once hid behind a guitar and a well rehearsed song which people like, but in between songs, the window where the audience gets to find out who the real Nic is, I would be hindered by the story I have told myself, that I must watch what I say. I have rebelled against this voice and said very inappropriate things, and have been a joker and a clown as attempts to hide my inauthenticity that I have created for myself due to a past event. I could have just said ‘sorry granny I won’t say “bloody shit” again’ or at least around you, but I believed that she and others in my life were holding me back from my freedom of expression. This led to my creating meaning that if I am punished for being vocally inappropriate, I will express myself through song, relationships, family, friends and avoid criticism by being lovely and gentle and non confronting with an underlying motivation to be liked and accepted. One question then arises ‘What did I give up when I took on this story’? I gave up saying what I truly thought about things in situations that made me look bad. I gave up verbal honesty and replaced it with sarcasm with a flavor of bitter rebelliousness in situations which actually were calling for an honesty such as spoken words in between songs on stage. So for me my lesson in the **now** is how to open up and share my vulnerability. An example of that is within that example, and illustrates the 1<sup>st</sup> Hermetic principle of Mentalism: “All is mind”.

With this nowness in mind, it is possible to give up the stories via the simple act of recognizing the origins of ones own story and how that story keeps one stuck in the past with an already written future. The viscous circle identified within this process is where events in our lives become multiple similar events due to the same story attached to the events. So there is the challenge of living in the now. Within this paper, it is inevitable that you read it and apply a story to it. I specifically use this paper as an example because it is riddled with meaning, and it is in one way contradictory to living now because the bettering of oneself is something that is yet to be grasped. The grass is greener on that other hill, or in other words, when I understand this book or that book, then maybe then I’ll understand what I need to do with my life and make my life happy and content. These are the thoughts that someone out there, or something like information in a book will give me access to the truth. The point is that that is only partly true. The part which needs to follow these written words is your openness to the possibility of your own authenticity, the application of putting understanding into action, and an ability to create a future based on now, as opposed to ones past. Without this inner work, these words on the page might as well be telling you how to weed your garden.

It is hoped that through these words, windows are created to look inside our hard kernels which grow thicker and thicker with age, or repetition of a story we have come to believe as actually being who we think we are. We have a responsibility to ourselves to crack ones own kernel so the undeveloped seed inside can begin to fully develop and even to sprout. We are born with the lids off the jar, and through life we find lids, then gradually tighten them usually because of a mistrust toward fellow human beings, and the fear of looking bad or not fitting into society. When these demons and shadows are identified it is quite a relief to find that we are all quite identical in our fears and inauthentic motivations, and that it is not a matter of changing ourselves from what we have become, but rather to use this inherited hard kernel which we then plant for germination. We are very adaptable creatures and we will even sell out our true authenticity for the sake of saving face. This, believe it or not was a necessary process to protect the seed from the enormous weathering over the ages of the history of the human being. Yet it is now time to respect this crucial role of our hard shells, and to now open our hearts to the vulnerability of germinating transformation. Historically, the concept of ‘**Now time**’ has always been powerful, but the difference today is that there are many, many more people who are living in ‘**Now time**’

which makes our time very, very powerful. So let's continue out on a limb whilst keeping in mind that one must continue to spread one's roots by knowing thyself (the vulnerable stuff) if the heights are sought.



Cerulean, the name of our first album in 1995 is the blue that I refer to in this line. Its range is from deep blue, sky-blue, bright blue or azure color through greenish blue colors. The word cerulean is derived from the Latin word "caeruleum", which means sky or heavens. The blue sky or space is vast and infinite, yet has the ability to show itself because of light, our sun. It is a difficult concept to grasp 'the vast and infinite', and this is one story, which attempts to take hold of its unholdable characteristics, a journey of discovery into an unknown yet familiar realm in search not only for a beginning and an end but also that which is in continuous motion.

The song line refers to the quest in one point of time being the blue sky's quest. This is a poetic way of saying that within our quest to understand the infinite, it is the path where both the infinite mind and the infinite blue sky become one. When we tap into our infinite mind, the part of the mind which gives us conscious awareness of 'no separation', the blue sky, the cosmos, God, or 'other' life, seem to then work together as co-creators, expressing balance and harmony, the underlying blue print from which many of us have become estranged. With that said, I am also reminded by the channeled work of Isabelle Kingston

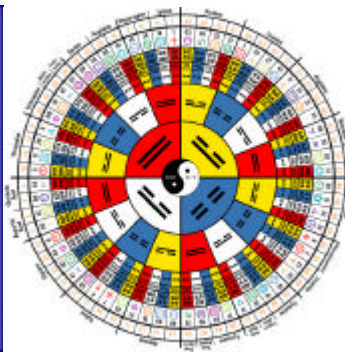
*"do not always look upward, for there is much to love below"*

It follows that *a love of the earth* is the direct expression of the guidance one receives from a clear understanding of the messages communicated from within the dimensions above.

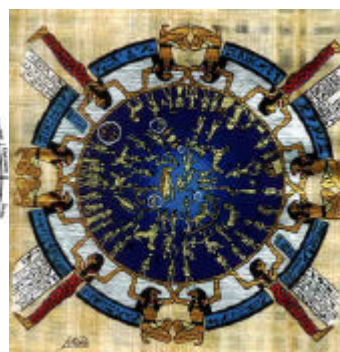
The Mayan, Egyptian, I-Ching, Tibetan Calendars all point to a time in history which signify a shift of the ages, and this time is very much happening in our time.



Mayan Tzolkin Calendar



I Ching Calendar



Egyptian Calendar



Tibetan Calendar

The ancients describe our time as though we have been in a time of sleep or a dreaming and the ancient calendars and scripts talk of a shift that will bring us out of our sleep and into the light; A time when we enter a 'null zone', a 'still point', 'one point of time' which holds the keys for our release into monotheism. Astrologically, the quest I refer to is related to 26,000 year long cyclical re-entry into the center of the photon band within our universe. As much as it sounds egotistical to think of our times as 'the time' in history which this cycle of history has been working toward, nevertheless I believe these times to be extremely important for our evolution and are times which are calling us to leave our old selves behind. To put 'our time of evolution' into context, we are referring to one Brahmic moment. One day in the life of Brahma (God), 12 hours approximates to four billion three hundred and twenty million years. One hundred years, the whole period of Brahma's age is equivalent to three hundred eleven trillion and forty billion years. My attempts are to gather the historical spiritual pearls of wisdom, of at least that which has been preserved and not destroyed, since the fall of Atlantis approximately 12,000 years ago, and use them in preparation for soul harvest and ascension through the next polar shift and into another new cycle of many names. So in the vibrational language of Brahma, this sort of thing is actually pretty common, and when we talk of ascension from the physical plane we must keep in mind that although this is a big jump for us, in the broader scheme of the seven cosmic planes, there are six more hurdles in front of us that we can concern ourselves with at some later Brahmic date.

At this moment we could simply look at the nowness of the Brahmic breath. With the use of a term "choice points" (1957), from the pioneering quantum physicist Hugh Everett III, these points in time are moments where the course of an event may be changed. Like a window of opportunity these choice points are available to us only in the very present. So within the Brahmic breath, these points are at the beginning of an inhale or at the beginning of an exhale

*"In the moment betwixt the breathing in and breathing out is hidden all the mysteries..."*

*Essene Gospel of Peace, Book 2*

In the silent spaces between the pulsations of creation is where we come into contact with our eternal nature and the ability to transform ourselves and others. These choice points are opportunity points to change ones course of direction, and depending on ones evolutionary maturity, will determine the amount of suffering associated with ones ability to change with grace or to not change with disgrace, which in turn will determine the longevity of lessons held within the laws of Karma. Transformation can come as quickly as one Brahmic breath, yet our past will often steer us away from these choice points due to the fear of unknown states of being. The battered wife who stays with her violent husband is a good example. The frog that doesn't jump out of the water, which is rising in temperature to boiling point, is an example of not acting because it is in between two major choice points. We are globally warming because we are unable to recognize that choice points come in gross and subtle form and that distinctions between major and minor choice points cannot be made. Major choice points are taken at our own birth and death, but they are also taken at every breath, killing and/or rejuvenating cells within the body depending on whether we choose a harmonic or disharmonic thought path of which there are as many variations as there are notes. The subtlety is felt within the one point in time known as 'now'.

If we want to transform global consciousness and understand for example why temperatures are heating up, we must accept that the devil within is the same devil out there driving a 12 cylinder 4 wheel drive Hummer bought via US commissions so the owner can in return support the oil industry. We are comfortably uncomfortable, and we need to challenge this and seek alternative ways of being. An answer to the above example is to individually admit to greed, governmentally expressed via an addiction to the oil industry for the purpose of control. The idea of an electric car that would crash a trillion dollar enterprise and promote non-dependence has not been of US interest. We are now on the fulcrum of power where the environmental voice of the individual is again heard and will bring back the non-polluting car of the future. Al Gore personally uses more Co2's than most of us, yet his intentions are for global action. For us on the other hand, we simply need to act locally, but cannot fully do that unless we identify the non-distinguishable similarity between global health and personal health. Co2's we may discover are only one of the contributing factors to Global warming, just as there are many factors that may contribute to personal ill health. Every moment we either choose life and love (Eros) or death and fear (Thanatos).

On the same theme, we must globally question the '*universal soldier within*' whom, as Donovan points out "really is to blame" for every war. Governments, who take advantage of mass conservative sheep like reactions to fear, only give permission for humans to act on the darker side of their nature. That is, if you were in charge, you would most likely do the same thing; kill before being killed, unless of course you choose life and love. To answer which direction you would take could be predicted via observations of the battlefield of war in your own intimate environment with your partner and or loved ones. David Deida suggests a quality of the superior man is to quickly admit to a mistake and rectify. Governing bodies rarely admit to obvious mistakes because the opposing party will use the example as a weakness. Governments are set up to oppose the other team and are often forced into making extreme decisions to be set apart from their opposition. With balanced seating in the white house and the resignation of Rumsfeld, we are now witnessing Bush asking for outside solutions to the war on terror. He is forced to admit to a mistake, similar to when your loved one corners you until you admit you were wrong or guilty. This is not necessarily the way of the superior man, but rather a natural flow of events. When something is resistant to change, the more extreme it will become in its expression, and will attract its opposite to counteract its effect to achieve something more workable. The democrats will bring electric cars to the public, but they will still need to work out how to keep the old 'need for oil' paradigm flowing with gradual decline, i.e. dual conversions. If a government cut the demand too quickly, or makes changes too quickly, then assassinations are more likely, for example JFK, Martin Luther King and Ghandi among a long list.

Beyond politics and polarity consciousness, scientific records and ancient texts and calendars are guiding us toward a shift. With the focus on positive transformation as opposed to entering into ideas of mystical catastrophobia, we are being offered an experience of living a time when the earth loses its magnetism and realigns a new North and South pole. The iron in our blood pulses with the earth's center that gives us our direct link to its state. We are reflections of the state of the earth, and when the iron flips from north to south, so will the iron in our blood. It is in fact happening now, nice and gradually thank God so to speak. To mentally cope with this vibrational shift, we must achieve a balance within our left and right hemispheres of the brain. Now is the time to practice how to love, because without earthly magnetism, love is the only state of mind that will pull you through. It is a fact that those who stick to the old paradigm will eventually be tested at the battlefield with weapons and die. The Mahabharata has taught us there are no winners there, and history need not be repeated on such a mass scale.

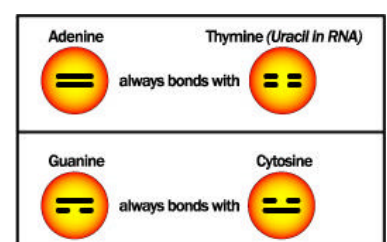
These ancient calendars point to a time not too far away, close enough for this mystic/scientific calculation to be either proven or unproven on or around December 21<sup>st</sup> 2012. The idea of more photons in the air, polar flips and spiritual magical thinking are hardly palatable for integration into everyday life unless we take things one-

step at a time. On face value they're potentially just freaky New Age idea's that fit into the 'end time' debate held strongly by historical religiosity and the concept of judgment day. I find it useful to read information like this as entertainment, and if step by step it somehow fits in with ones reality, perhaps only then should it be considered worthy of consideration as a useful motivation tool to *know thyself*. Unless grounded with containment via a trusted mentor these ideas or beliefs can potentially psychologically do more harm than good. Although the road to ascension (the cracking of the kernel) is one which must be done alone, the alone part is only the last few steps. With the use of spiritual terminology, there are billions of soul extensions working in this planetary school of life so in fact we are never alone. According to Ascended Master Djwhal Khul channeled by Alice Bailey, sixty thousand million times one hundred and forty-four is the exact number at present calculations in our planetary system working toward ascension. When we go further into whether we are ever truly alone in these final stages, we realize we are connected to another 11 soul extensions or personalities similar to having a family but within another dimension. In other words, one soul has 12 expressions, and you are playing out one of them, and there are 144 souls to one monadic group, like an extended family but again on another dimension.

So who is ready for this one point in time?? Most of us are stuck in our thoughts, glamour, illusion or maya believing that we *are only* our mind and body. Some believe in a second coming, a savior, not realizing that the savior they externally seek has been literally within their own heart all along. There are some of us who see ourselves as undying energetic systems whose body and material surroundings are building blocks of service to that which is outside oneself, and that the mind is similar to a tamable fierce lion. Yet most of us are somewhere in between, knowing that we are somehow more than this chattering non stop mind talk and have a sense of an unusual glove like casing we call our body, with the aim of harmonically distributing the hearts resonance to the body and for the mind to be influenced and guided by this source. In Chinese medicine we are reminded the heart organ is the king, not the mind. The ancients tell us ascension comes to those who selflessly love and express compassion, a path known to us via past saviors, prophets, true priests, practical mystics and occultists as the journey of the heart. So who is ready for the journey of the heart? Psychologically, many of us are motivated through the fear of failure, and judgment day inherently strikes a sensitive chord. Most of us feel uncomfortable when told how to think and act, especially if it is coupled with "if you don't do it this way, then you'll go to hell". This coupling is archaic and was born out of dark ages and high levels of earthly magnetism, nevertheless is still relevant today because when we still act with fear as our motivator, the actions performed are always based on 'using' something or someone to get to greener grass always on the next hill. That it, we are never satisfied in the present moment because there is this niggling higher judgment somewhere inside our minds (*Freud termed the super ego*) which push us forward and out of the present moment. On the other hand, when we consider judgment in a different light, through transcending fear, we are then welcomed as co-creators with the universe, which is accessible only within the Now. Yet it must be understood that we *need the experience* of being motivated by fear, to then actively distinguish the fear, to then walk the path of no fear. Only then are we worthy of the remedy to illusion, taking us to pure knowledge and reason that brings us closer toward our final initiation.

Transcending fear has always been a crucial focus within the historical mystery schools. Since traveling to Egypt with my dad in 1986 and South America with my mum in 1991, the ancient megalithic sites challenged my Australian adolescent suburban mind who attempted to come to grips with this particular ancient history and the initiations reported to have happened within these structures. The Egyptian initiations for example were less brutal than the Incan initiations. The initiate in South America would more likely die through ones attempts to rid fear, whilst in Egypt, the priest would feed the crocodiles before the initiate was forced to step past them, without the initiate knowing these crocodiles were not interested in eating them. Similarly today, in a time the Mayan predicted we would enter called 'no time', our unwritten initiation is very subtle, as we are left to our own devices to work out how to conquer our fears without the support of the classic mystery schools. This is potentially more dangerous for us as we become our own teachers as well as initiates, and seek out true authenticity within ourselves and within others whom we might call our teachers. What we are being called to act upon is a challenge which will leave some in the downward spirals of addiction and motivated by fear and its derivative emotions (anger, jealousy, hate, envy.....), and others who will be lifted in the upward spiral. It must again be noted that without the negative emotional experience and the dissipation of these emotions, transcendence on the upward spiral is not possible. That is, one must initiate oneself through the fire of the inner self, the 'shadow self' which Plato points to, as the only way to *know thyself*. In my work with adolescents with mental health issues, I like to use the line 'get to know your inner dickhead'. It makes these concepts more palatable.

Geneticists have recently discovered that amino acids which activate our separate strands of DNA, are linked up via emotion. Our current number of 20 amino acids activated out of a total of 64 potentially activated DNA strands gives us an indication of our potential for the future. Where the photon belt fits into the picture is that the more photons there are in the atmosphere, the more potential there is to activate the other 44 strands of DNA, as photons, light filters into our DNA and the spaces in between matter (our body). Biologist Glen Rein confirmed this finding at the Hearthmath institute in



California where subjects who could enter a state of 'heart consciousness' such as heart felt appreciation or unconditional love could actually alter the winding and unwinding of DNA in solution by either holding the solution/DNA in the test tube or by simply being in the same room. Electrocardiograms showed these subjects as having coherent heart rhythms in a pattern resembling a smooth, regular sine-wave. Fear, and the art of survival are responsible for triggering one third of our DNA strand, yet the other strands are connected when we enter into the emotional realms of love, forgiveness and the art/science of compassion. I remember recently reading some literature on this in the Dreamspell Mayan calendar after the January 2006 tour ending in Byron Bay on my 35<sup>th</sup> birthday about connecting DNA codons and their inherent link to cycles within the year. I questioned the possibilities of the IChing and Mayan measurements of time and discovered that they both calculated their calendar in a non linear fashion by the use of tone, vibration and not only via the stars and planets, but also via our own internal structure of 64 DNA.

— Yang, unbroken line.

-- Yin, broken line.

My birthday wish with a couple of friends was to seek out these amino acids, eat them, watch a crop circle DVD and call some circles into the area via a group meditation on Salvia Divinorum (Mexican mint). Not knowing at the time about the emotional path of activating DNA, the two foods which came to us that day were Goji berries and Cacao beans, and we ate heaps of them. The four of us watched our DVD, raised our inspiration and energy, meditated with the four directions and began our formal part of the ritual in total and absolute hysterics. The Diviners sage, a plant native to Southern Mexico is traditionally used by the Mazatecan Shamans to bring answers to their questions. My question to the universe was a big one and very general; 'give me the answers held within the universe'. I might add here before I go on that this is the first time I have ever taken an hallucinatory substance. I don't drink alcohol, smoke marijuana or for that matter have any addictions and I treat this experience as a once off. That's right, *a goody two shoes*. More on addiction later...

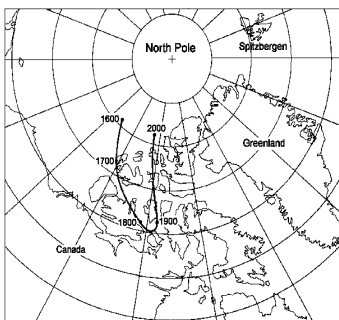
So I'm not sure if it was the amino acids we ate or the Mexican mint or input from the circle makers, but I felt like I was initiated into the next phase of my life. At 35 years old I have now entered the 5<sup>th</sup> harmonic cycle calculated in octaves ( $7 \times 5 = 35$ , more on numbers later too), and have asked for teachings from the universe which came to me that night in the form of geometry. I was firstly quite visually resting on a dodecahedron (*the shape of which I only recently worked out*) in the center of the four directions in which we sat. My eyes were closed yet I could still see. It was as though laughter was the key needed to enter through a portal into the gates of mystery. The more I laughed, the further my journey went. Although this sounds totally wacko, I will nevertheless indulge in a description of my mind going straight out the back of my head on a 45 degree angle, penetrating through the wall behind me and resting in a tube of geometry made up of multiple triangles. The experience lasted approximately 1 hour. The experience was like taking a glimpse at another holographic dimension of which I have seemingly known nothing about. When I got back from that tour, I began my research and started writing. In 2005 I graduated in Master of Psychology, previously caught up with writing on the maternal and paternal experience with infants within the first 3 months of life, attempting to define every determinant of attachment security. This was an especially relevant topic for our new family, but it was now time to allow the mind to explore theories on the fulcrum of scientific and mystical investigation. After all, the meaning of the word psychology is '*the study of the mind*' and apart from the unconscious, nothing about other dimensions was ever mentioned in my 10 years of study. As much as this was unsatisfying for me, I can nevertheless understand that in order for psychology to be socially and professionally recognized and worthy of spending money for the service, it must stick to the scientific parameters of psychological testing. Practicality overrides subtlety of the human mind as universities churn out psychologists who only have 50 minutes @ \$120 per session. So what ever happened to the mystery schools? As mentioned within the introduction of THE KYBALION, those who seek the truth...

*"Have never sought popular approval, nor numbers of followers... They reserve their pearls of wisdom for the few elect, who recognize their value and who wear them in their crowns, instead of casting them before the materialistic vulgar swine, who would trample them in the mud and mix them with their disgusting mental food".*

Thank you Hermes, I am now at rest with what I thought might have been a waste of 10 years study. I am still in the process of composing a letter to my University to discuss this paradox of creating psychologists who have not necessarily been confronted with the concept of *knowing thyself*, debating whether or not they should run a post graduate subject which turns psychology in on itself knowing very well that "*when the ears of a student are ready to hear, then cometh the lips to fill them with wisdom*". Hermetists have never sought to be martyrs, and have, instead sat silently aside with a pitying smile on their closed lips, while the heathen raged noisily about them in their customary amusement of putting to death and torture the honest but misguided enthusiasts who imagined that they could force *truth* upon a race of barbarians. Yet these secrets are now published for worldwide access and one might argue we no longer live in barbaric times. Nevertheless the student like myself must still be wary of the misguided enthusiast whose truth blighting may well be saying "do as I say and not as I do", which I acknowledge as my own inauthentic process and reason for containing enthusiasm not only for the sake of avoiding emotional crucifixion, but more so to be cautious of the words ability to take me away from true and present experience when used incorrectly. This is an example of turning psychology in on itself, where the study of the mind has been the study of others minds as opposed to the student or writers own mind. The Alchemist Merlin had a lot to say to Arthur about this subject.

The long and the short of it is that the Tzolkin Mayan Calendar suggests we are all presently reactivating 4 of our DNA codon's each year till 2012. For example from July 2005 to July 2006 we are supposedly activating codon 64. *unifying the dimensions*, codon 8. *unifying the people*, codon 56. *a link to time travel*, codon 16. *conduct which unifies the way*. Psychologists would lose their jobs very rapidly with this model, nevertheless the underlying theme of emotional content triggering DNA linkage should perhaps be conceptualized similar to the workings of a complex computer system. That is, our conscious reality is very simple where we press the keyboard and send messages to the very complex inner workings of the motherboard, which represents our unconscious filtering of events. That is, we do not necessarily need to know about these inner workings, yet as *held within the aim of this paper, to activate codon 64 and 8* it sometimes can help.

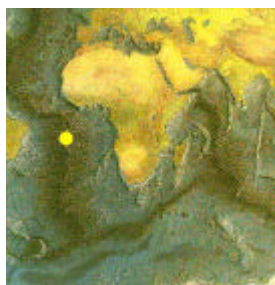
Getting back to the state of the earth, magnetism on the earth has never been stable. Movement of the magnetic north pole from 1600 to 2000 has been to Canada and back. What we have always considered to be true north and south has been way off the mark for many hundreds of years. As the earth slows down, it loses more and more magnetism. Science has discovered that 1,500 to 2,000 years ago the earth had 50% more magnetism than it does now (*Gregg Braden*).



Our Gregorian time keeping is constantly being readjusted because of the earth's slowing down. When we think about our own energetically emotional experiences in response to less electromagnetism around our atmosphere, it is similar to gradually losing some of the glue, little by little, and needing to make constant emotional adjustments in response to these incremental shifts. The goal of what Gregg Braden has termed 'zero point' holds the potential to meld our left and right hemispheres of the brain and to walk a path without polarity consciousness. The affect of unstable electromagnetism is now coupled with less of it.

The psychological term *splitting* is a thought pattern used by clients branded with the DMS4 diagnosis 'personality disorder'. To perhaps a lesser degree I believe we are all going through a personality disorder crisis where we all split the good from the bad too quickly. As our emotions become unstuck we either psychologically grasp onto what we know of the past and fight to hold onto our 'selves' (the self which is defined by our emotional stories) or we allow our emotions to dissipate into this period in history known to the Mayans as 'no time'.

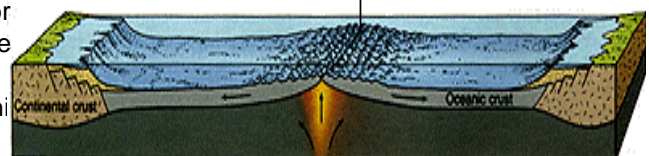
When the earth finally stops its internal rotation, after two to three day of either complete lightness or darkness, depending on which side of the planet you are on, it then starts its 180 degree external spin in the opposite direction (*Gregg Braden; Awakening to Zero Point*). This is a massive claim, and if there are doubts of which of course there are many, then we should do our own research into this phenomenon. During the course of the last 76 million years this has supposedly happened 171 times (*Allan Cox, Geomagnetic Reversals, Science, Vol. 168, 1969*) and is calculated by geologist Gregg Braden to happen every 11 to 13 thousand years with odd 180 degree shifts here and there; other geologists suggest much longer. Either way, the proof is in the earthly pudding. Gregg Braden has found text in Peru which experienced 3 days of darkness and the opposite side of the planet experiencing 3 days of sunlight 3500 years ago, a time when he suggests was the last time the earth went through one of these shifts. Go into this with skepticism, not cynicism. You never know where you will end up by knowing this earthly information.



The magnetite in the basalt rock loses its magnetism when heated over 500°C and then solidifies the mineral to either the North or the South Pole, depending on the earth's rotation (a heating/cooling phenomena called remanent magnetism).

The Mid-Atlantic Ridge for example is an area where magma is being immediately

frozen into mountains by tectonic shifting and is happening throughout the earth's oceans.



Detailed studies of the sea floor with magnetometers (devices which measure magnetism) have given geologists amazing imagery of zebra like patterns of positive and negative pole reversals over the ages. By simply looking at the thickness of the black and white stripes is perhaps enough to suggest that the reversal might happen any time now. The earth's loss of magnetism and the rotational slowing down are both precursors to the event.

In summary, the age which we are apparently ascending into which will last approximately 2000 years, is classically known as the age of Aquarius, and the magnetic shift coincides with this event and will dramatically signify a change in consciousness, and as the song line suggests, it is the universes “quest which shines in one point of time”. A point of ‘no time’, is where time gradually comes to a complete stand still for a few days. This gradual weakening of magnetism is very likely to not only affect our emotions, but potentially our memory banks and cells too. The earth is then recharged and reborn in a natural ordering and will crumble anything which is stuck in the old patterns of polar consciousness, similar to the event which Plato described happening to the fallen city of Atlantis. 144,000 light beings representing the earthly monad will help people to keep their memories in tact. Basically, those who remember how to love will ascend within this new 4<sup>th</sup> dimensional earth, (those who have done the hard yakka to eventually *know thyself*), determined by the light quotient held within ones consciousness and body. This is where fantasy meets reality, where the Hermetically mundane meets the ordinarily mundane. I suppose with such a yarn as this one we must *always remember* the zen koan

*‘Before enlightenment, chopping wood; after enlightenment, chopping wood’.*

As mentioned before, it is helpful to understand the concept of our selves as energetic systems. What we traditionally call our ‘soul’, or ‘consciousness’ within the body is the electrical current housed within our every cell by magnetism, the glue that provides the necessary containment usually until the day we die.



Relationship between the Human Body and the Exterior Universe  
From Kircher's *OEdipus Aegyptiacus*

We are electromagnetic expressions, where each cell is vibrating at 1.17 volts, and each organ has its own specific frequency. With less magnetism on the earth, this means we have the potential to rapidly manifest our realities. Simply put, on the up side it would seem there is a good mob of us all beginning to wake up to something which is both within us and outside of us at the same time. A something that drives us to master this three-dimensional plane with other dimensions harmonically ‘in mind’. On the down side there is also a mob of us who also strive to master this three-dimensional plane by manifesting ‘out of tune’ thoughts. Confusingly put, these thoughts are musically ‘out of time’ in the present time called ‘no time’. These are thoughts absent of compassion, where there is an inability to become open to the neutral position, to transformation as opposed to an idea of change, becoming peaceful as opposed to just praying for it. The magnetic veil between our thoughts and their manifestations is presently very thin. There is no hiding any more as our own trickery and wrongdoing is very obvious to ourselves and those around us. We are in the age of ethics. It has always been that ‘what we put out there is what we get back’, but now, the evidence of this simple truth comes back to us almost instantly. We are collectively removing the sawdust from our eyes, and collectively we see truth through the magnetically thin veil, which 3 dimensionally holds us within our body and on the earth.

When a counselor/guide/healer ‘open’s a person up’ within a reflected healing process, this is similar to stripping away the magnetism that contains the free soul, where the electrical current searches for a replacement container as the magnetism or *polar consciousness* is shifted. This is potentially a very vulnerable time within the healing process as the neutral position is like a tight ropewalk without the pole to guide ones balance. The healing process requires one to *become* the positive and negative polar forces and initially take a leap of faith. A more gradual approach would be to imagine the pole which one holds to cross the tight rope to simply becoming shorter and shorter as one masters one step at a time. This analogy is also similar to a child born in the omnipotent neutral position. From infancy to adulthood, the support one needs from the mother (*the yin, black, feminine, negative and passive magnetism*) and father (*the yang, white, masculine, positive and active magnetism*), like the pole needed for balance, becomes less and less. One either becomes the image of ones own mother or father as one is either pulled to the positive or negative side of the force, or one *becomes* both the positive and the negative force through the integration of these parental qualities. When we take the latter step, the neutral position, that which we remember as our omnipotent inner child, is claimed back again as an adult. Whichever stage of the path we are at, the progress is physically known and monitored via the psychosomatic tensions or lack of tension within the circuitry of the body.

At the very beginning of our lives, we are omni potently still ‘one’ with our mother. From the psychoanalytic perspective, the fundamental need of every infant is to find his/her mind in the mind of the mother (object). For the infant, internalization of this image performs the extremely necessary and important function of ‘containment’, which Winnicott has written of as ‘*giving back the baby the baby’s own self*’ (Winnicott, 1967, pp.33). When contained by the *mother*, this allows the infant to safely experience its own self, and gradually the self strengthens as the child’s omnipotence is taken away by the mother’s natural gradual failings and via the introduction of the third party, the father. In electromagnetic terms, the positive (father) and negative (mother) magnetism around the neutral electrical charge (child’s consciousness) is like the strengthening agent of the kernel around the seed. Fonagy (1997) suggests the failure of initial containment leads to the desperate search for alternative ways of containing thoughts and the intense feelings children engender, giving rise to

pathological solutions, including taking the mind of the other, with its distorted, absent or malign picture of the child, as part of the child's own sense of identity. Winnicott wrote

*"what does the baby see when he or she looks at the mother's face?...ordinarily, the mother is looking at the baby and what she looks like is related to what she sees there...[but what of] the baby whose mother reflects her own mood or, worse still, the rigidity of her own defenses. They look and they do not see themselves...what is seen is the mothers' face"* (Winnicott, 1967, pp.27).

Hazrat Inayat Khan points out that all form, on whatever plane they exist, are molded under the law of affinity, where an atom will attract toward itself the atom of its own element. That is, a positive atom will attract a negative one of its own element, and a negative atom will attract a positive one of its own element with the underlying mission of creating another form. When we see ourselves as atoms, the obvious example is the union between male and female who then create the containment for another form, the baby. As much as there is mystery in attraction, it can also be a very scientifically calculated phenomenon, the mathematical formula for the vibration of love. It is quite understandable that topics such as these are tackled by philosophers who have gone through the natural cycles of attraction, marriage, raised families, and then reflect back to their past experiences. Calculated attraction, a bit like internet picking of the perfect partner, has its benefits but also has its downfalls due to a loss of spontaneity at the very first meeting point. Yet to be fair to the surfer, general attraction is still being met on the same playing field and is of course still effective. The point I am trying to make is that there is so much natural chemistry that happens behind the scenes, that it needs no explanation, and may in fact hinder the attraction process if one tries to intellectually master how to woo the opposite sex, but nevertheless I at least need to touch the surface and point to one speck of sand on the beach of the unspeakable Tao. According to Madame Blavatsky's *Isis Unveiled* (V1, p144), 'the Akasa', the Sanskrit word for "sky", is connected to both physical matter and the WILL (spirit) of celestial light, and the mysterious effects of attraction and repulsion are the unconscious agents of that will. The more we become conscious of that will, our will, or spirit, we open ourselves up to all life without limit and the science behind the kabalistic 'principal of life'. The timing of this awareness or study would better to be synchronizing with the extension of love (beyond romance) for something outside of oneself and ones own investments. This allows the measurements of ones own awareness to become more tangibly and consciously linked to the higher WILL which we inevitably find is the same will behind the love we have reflected toward our selves.

A psychological model which fits into a solar system perspective, one which tackles concepts of our origins, is one I could not find in my university psychology text books, yet the question will always remain, if we are a part of the universe, then why not use both the scientific and/or mystical information gathered from it for integration within our everyday life. There have been many studies reported on the significant affects of the moon on the human condition, but very few on the sun, the stars and the center of the Milky Way. It's simply too hard to validate what seems to be a subtle and 'ungrounded' influence. Behavioural Psychologist Hans Eysenck among others broke the mould to scientifically study influences of astrological phenomena in his book *Astrology: Science or Superstition?* (1982), giving a clear demonstration of the inadequacies of empirical behavioural measurement alone, questioning the bigger picture. Gregg Braden pointed me to what is known as the 'Sacred Circuit', a model which puts us into perspective as we try to conceive of who we are and what we are made up of. When I went through Uni there was an ongoing psychological debate between behaviour or thought as the seed of action. I would like to present a third possibility that has to do with electromagnetism. The reason why the debate has never been settled is because both are partly true. That is, both thoughts and behaviours are seeded by something externally, and I have never been one to go God crazy so stay with me. We still have difficulty coming to grips with the unconscious and the reason for its existence, so lets assume for a moment that we are working within a model that need not distinguish between thoughts and behaviours, but rather marry the two and say that thoughts trigger behaviours and behaviours trigger thoughts. One is the expression of the other and vice versa. The element not added yet to the equation is pulsation.

Here's the pulsating ladder of the 'Sacred Circuit'

Center of the

Milky Way

↓

Stars

↓

Sun

↓

Earth

↓

Heart

↓

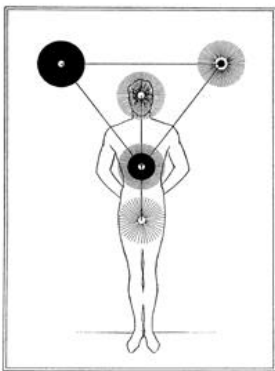
Brain

↓

Cells

Pulsation is the culprit, the seed of our actions. It explains who we are, where we came from and where we are going. Some say we are motivated by our behaviour and this is very true. Some say we are motivated by our thoughts and this is also very true. Yet when we take the quantum step outside of our brains, we enter the pulsation of the heart, the Jewel within the temple of the body. The institute of HeartMath in California base many of their studies on certain qualities of consciousness correlating with heart pulsation pattern and the paranormal influencing of events outside of the subject under clinical study, suggesting that we are not separate from external reality (people and objects) as Newtonian thinkers would have us believe. Some might give the name 'God' to such influencing phenomenon, yet I rather hear the concept relating more to the influencing powers of what the alchemists have called *'the music of the spheres'*. The presence is nondenominational and thus penetrates into all belief systems as simply the next spiritual step; the step which can only be taken as one exceeds ones master. With one foot on the earth as anchoring and one foot in the sky, this is the territory Robert Frost referred to as *the road less travelled*.

As the Earth's crust pulsates at approximately 10Hz and rising to 13Hz, the frequency has been getting higher and higher which might explain the feeling of time getting quicker and quicker (1960 to 1980 recorded at 7.8Hz, 1984 to 1994 recorded at 7.8Hz to 8.6Hz). Our hearts respond to this quickening where we must readjust and adapt our own centers to the earth's new magnetic coordinates until we reach the beauty within the zero point. As the pulse quickens, the magnetism drops, and the earth is awakening us to this event known to us via the pulsation of what begins at the black hole in the center of the milky way, which effects the stars, the sun, to the earth's iron center and ends up being reflected within our bodies with first contact through the heart. The brain then picks up the messages and reflects the messages through the charkas of the body and depending on our interpretation of the pulsating data, read with polarity consciousness or whole consciousness, will affect the cells of the body accordingly. "Crikey Moses" as I used to say, no wonder I found my 10 years of study boring. I work with a number of older men as the men's shed program coordinator and a few of them with pace makers are having a lot of trouble with them at present. I wonder if the setters of this miraculous machinery have taken into account a new global heart rhythm triggered by our mother earth's core. Many scientists are considering strange variables such as this one and so should open mindedness be at the forefront of scientific experimentation, especially when conducted in human subjects.



Man, The threefold Mystery

This illustration of the divine nature of man is represented by an inverted triangle with its lower point resting in the heart. The spheres of power upon the upper points of the triangle are the *Anthropos*, or *Oversoul*. From the spirit in the heart come forth two pulsating aspects, one ascends to become the mind and the other descends to become the generative system. It has always been difficult to describe which has the more power, our mind or our sexual instincts designed to make copies of ourselves. One would hope there would be no battle between the two as they are inherently acting from the same source. When these two aspects are balanced, the gates are open to the above dimensions. Sexual energy is seen to be the inferior to the superior mind, whilst the heart is the supreme, like the jack, queen and king in a deck of cards. The Oversouls are like the Ace and Joker.

The heart reflects dimensions 1 to 3 and the Oversouls represent dimensions 4 to 6 and 7 to 9; more about the specific dimensions later. We are thought to utilize only 10% of our brain, and similarly computer simulation of the creation of the universe can only explain 10% of creation via the 'Big Bang theory'. The 90% unaccounted for in both examples has to do with viewing reality beyond our 3 dimensions. We are now shifting that percentage.

With regard to the 10% usage of the brain, we simply know what we know, and also have an idea about the things that we don't know, that is, the things we know we don't know. The challenge is out there to discover that to use more of our brains does not mean we need to learn all the things we know we don't know about, for example different languages, mathematics, astrology, biology etc etc, these things add to the approximate 10% with a capacity hard drive which holographically shifts and enlarges when we open up to the other 90% of things we simply are unaware of, the things we do not know that we do not know. Sorry if I just lost you then. This stuff is a challenge to write about and explain clearly.

The concept of understanding the unconscious and dreams is a good example of a percentage of the brain used by other dimensions other than our usual conscious Alpha frequency of awareness (8-12 Hz waking state) or the Beta frequency of awareness (12-23 Hz highly alert state). Our unconscious brain wave frequency ranges between .5-4 Hz called the Delta range, and the frequency of awareness between 4-8 Hz often used in meditation practices is called the Theta range. One goal in meditation is to remain conscious whilst relaxing to a point of stillness as the frequency of ones brain waves reach closer and closer through the delta range to zero point without falling asleep. Keeping in mind the aim in life is to calibrate consciousness with the unconscious, with conscious access to the unconscious, this is like having more access to that 90% chunk of space in our minds we simply do not have a clue about. This is the process of opening ourselves to what the ancients have called the Akashic records, giving us access to what we have simply classified within our historical 10% of brain functioning as 'the mysterious'. We'll tackle the subject of dreams further on as they are invaluable tools of true initiation and worthy of much discussion.

Historically speaking, when we correlate the fibonacci sequence 1>1>2>3>5>8>13>21 etc with the life of the earth, time and our present purpose, we find that we cannot rush a process which is dictated by laws, for example Hermes third principal of vibration "all is in vibration". The earth's outer crust has historically vibrated from 5Hz to 8Hz for lets say approximately 12,994 year, the time of the last major polar shift. Fibonaccially speaking the universe has expressed itself in a mathematical plus formula which indicates its age. We are now heading for number 13, and by no means is it unlucky unless you are against spiritual evolution. As the

frequency rises, so does our level of awareness of either that which we have had no previous understanding, or are invited to remember. We see this development all around us within society, the multiple technological breakthroughs starting in the late 1800's with John Keely, Nicola Tesla and other's who began to even utilize the earth's specific frequency which at the time was at 7.8 Hz (the Schumann frequency). In the 1950's, Schumann coined the frequency, and as again demonstrated, Tesla's contributions were too ahead of their time to be spiritually implemented.

*"The day science begins to study nonphysical phenomena it will make more progress in one decade than in all the previous centuries of its existence"*

Nicola Tesla

Profits from his discovery of A/C were much more on the forefront America's mind. As was Keely's demonstration of disintegrating stone with vibration for mineral exploration, it would seem that such science in the hands of a capitalist mentality without the balance of spiritual maturity and sensitivity, only leads to imbalance and disaster more recently demonstrated by Einstein's discovery of atomic energy. Both Tesla and Keely died poor and alone. Dr Mitchell from NASA recently stated they have learned more about our physical environment in the last five years as civilization has learned in the last 6000 years. It is also a fact that NASA have been using psychics like Mary Ann, to investigate details of outer space via 'remote viewing' of events such as shoemaker-levy 9's crash into Jupiter in 1994. Quantum physics is what Tesla was getting at, of which we have made leaps and bounds, now concluding that we are made up of more space than matter. Furthermore Nobel Prize-winning father of quantum theory stated

*"There is no matter as such! All matter originates and exists only by virtue of a force. We must assume behind this force the existence of a conscious and intelligent Mind. This Mind is the matrix of all matter"*

Max Planck

At an age of development where 'Matter melts into Mystery', we are discovering that matter is merely interrupted energy or force, vibrating at different rates of motion. The assumption of a conscious and intelligent mind working behind the matrix of matter is what many might call "SPIRIT" or "THE INFINITE LIVING MIND", "THE ALL", whose definition can be more closely defined when 'we all' simply acknowledge its presence.

The technological music played over the radio waves is also indicative of this sped up pace and is an example of the energy behind Beta states of consciousness in which we will soon reside. I am in no way an advocate for most techno music yet understand its expressive necessity to match technological adolescence with a frequency of expressive musical infancy. It is no wonder mind altering drugs are used with this musical vibration. One of the ways to enjoy this style is to 'drop into' a state of mind and loose oneself in the music. Trance has historically been associated with forms of music, typically centered on a drumbeat, as have the use of mind-altering substances in ritual. The difference is this state of mind does not have the experience and containment held within the wisdom of tribal elders, a guide to steer the way through uncharted waters. Like a double-edged sword, technology and techno, and the associated frequencies have the ability to heal or to destroy and there is too little known about either effect by the average user, and knowing we are all vibrating guinea pigs, both should be used with caution. A good example of EMR technology is the mobile phone. On one level they represent the benefits of quick paced Alpha communication information transfer, a benefit similar to the Internet, yet computer screens and mobiles emit EMR. It must be remembered that if we diverge too much from our original 'natural' reality and begin to depend, overuse and become addicted to technology such as the TV (*mind masturbation*), or a car, then we can become ill and it will potentially separate us from our goal which is to be love and to love not only those in our life, but to our earth. Our free will is put to the test, and like a big experiment, we are simply pushed along by stirring oscillations from our Mother Earth into territory that becomes more and more familiar as we wake up together.

*"All life within the envelope of Earth's vibratory influence attempts to "match" base frequencies to that of the Earth. To this end, each cell of you body is constantly shifting patterns of energy to achieve harmonic resonance to the reference signals of our planet".*

Gregg Braden

The Hopi, whose name means 'people of peace', refer to our shift into the new age as the 5<sup>th</sup> world, yet the common understanding is that we are entering into the 4<sup>th</sup> dimensional consciousness, or level of awareness. Notice in the Hopi creation myth how we exist on the 3<sup>rd</sup> level or dimension, and are climbing the tree of life toward the sun, out of darkness onto the 4<sup>th</sup> level. The 4<sup>th</sup> dimension, like a lucid dream, we become consciously aware that there is no distinction between what we think and what we do, and then act in harmonic accord with the pulsation of the earth. When collective human consciousness reaches critical mass, like the 100<sup>th</sup> Japanese monkey phenomenon, this correlates with a fibonaccically rapid acceleration from 8Hz to 13Hz, from 1987 to 2012, from the Alpha range of a more awakened state, to the beginnings of a Beta state of high alertness. The 100<sup>th</sup> Monkey phenomenon is a good example of how consciousness grids happen around the earth. There is a consciousness grid



for every species on the planet which hover around the globe in waveform or vibration. Scientists from 1952 to 1958 began studying the behaviour of the monkey *Macaca fuscata* on the Japanese island Koshima. They noticed one of the young ones learn to wash the sand off the potatoes given to them by the scientists. This young monkey then taught her mother and her playmates. Then the other adults learned only from watching their young. Scientist Dr Watson estimated approximately 100 monkeys had exhibited this skill, when suddenly almost all of them were doing it, not only on that island, but all the surrounding islands and on the mainland of Japan.

Those whose hearts beat in the same rhythm of the earth know there is something extraordinary about to happen, and can move beyond paranoia and/or attention seeking behaviours, and can rest in the knowing of knowledge which the earth has laid out so clearly on a platter for the picking. The earth our mother, our teacher speaks the language of vibration which some have called Hiburū, the harmonic language of light, and we know this language as the root of all languages. If you've read Gregg Braden's *'The God Code'* then you will also intellectually know what I mean in reference to our DNA which he transcribed the message *'God eternal within the body'*, giving a good intro into Gematria and a universal language which transcends all religion. John Hurtak's *'Keys of Enoch'* covers similar ground. Dan Winter, with controversy has geometrically demonstrated via 7 axial spins of the tetrahedron with the golden mean spiral within its center, the origin of our ancient alpha bet. By putting 2 and 2 together it could be hypothesized that with 8 axial spins, we would find an extension to our alphabet and call it the alpha beta, with full access to beta communication, suggesting we have yet to discover our complete language to take us into the future resonance of 12-23 Hz Beta state awareness, According to Thoth, when we follow the binary sequence of cell mitosis,  $1+1=2$ ,  $2+2=4$ ,  $4+4=8$ , 8 divisions are what is required for the life of any organism to build itself from. 8 axial spins will give us the whole star tetrahedron, which, as below so above, is the pattern of light around the human body, and the same pattern found in spiral galaxies etc. We are like stars waiting to be born. The Egyptian and Hebrew texts call this the Merkaba field, translating to Mer=Light, Ka=Spirit, Ba=Body. This language and meaning will only present itself to those who seek communication with life, and with her, the earth. As Hermes states in the Kybalion

*"When the ears of the student are ready to hear, then cometh the lips to fill them with Wisdom."*

It is no wonder when we sing the alphabet we use the 'twinkle, twinkle little star' theme. Of further interest is where the song finishes. We sing .....

'up above the world so high, like a diamond in the sky'

qrs                      tuv                      wx                      y & z

then the song repeats itself because it doesn't know where else to go. We sing .....

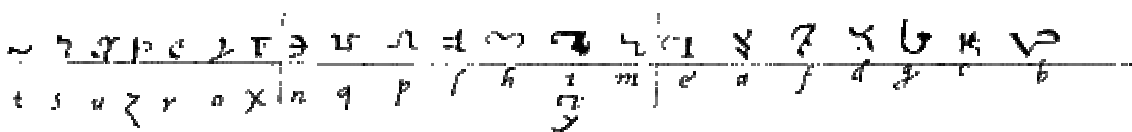
'Twinkle, twinkle little star how I wonder what you are'

Now I know my abc next time wont you sing with me

This is like repeating the pattern

abcd                      efg                      hijk                      lmnop = 16 letters

It could be thus hypothesized through a child's song that we are missing 16 letters of the alphabet which gives us our full alphabet. Some of the most ancient alphabets have many more letters than the English 26. For example the Czech alphabet has 42 letters or graphemes, the Magyar Runes from Hungary have 40, the Enochian alphabet given to John Dee (1527-1608) in *Mysteriorum Libri Quinque* ('The Five Books of the Mysteries') had 42 letters.



In the hitchhikers guide to the galaxy, the answer god gives to the question about the mystery of life is the number 42, but know one understands what it means. God the mathematician, a big computer or otherwise leaves us to our free will to join the dots.

It is interesting how we need to convince ourselves,

Now I know my abc next time wont you sing with me

in the name of learning good communication skills, when it is possible that we do not have the completed song. We do have the completed song if we believe that all there is to know is through that which is taught, but does it not feel true that there are not enough words to express the whole emotional spectrum of light and dark. It is no wonder the English language has trouble transcribing Sanskrit and other richer languages. Shakespeare for example added approximately 2000 words to the English language simply because there were not the words to describe the subtlety within his expression. Imagine how many words he would have formed if he had 16 more letters. We have dropped, simplified, forgotten or simply not evolutionarily developed our full alphabet and vocabulary to encapsulate the fullness of an awakened beta state communication style and it is now our job to retrieve not only the last 16 letters, but also the end of twinkle, twinkle little star, without repeating the first two phrases. When we know what a star is, we will also have the language to be able to describe it.

Dream diary 14/6/06. This was a classic.

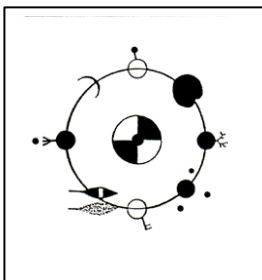
I had a dream where the earth's magnetism was diminishing. I was on a houseboat and somehow in control of the electromagnetic breakdown via a device which I would use by putting my fingertips on a hard rock like finger print map-reader. We did a 180-degree turn in the boat and I woke up at the point where I became dizzy as the boat continuously spun around. The other part of the dream was to do with the earth's pulsation and a rise to multiple climactic orgasms. Each time the earth pulsated, I would feel waves of an approaching orgasm, unlike any orgasm I had ever felt, where each wave/pulsation of the earth was like the orgasm (climax).

WOW I think I now understand what women experience. For men, its one wave and its all over red rover. This resonance with the earth reminds me that what she is about to go through is not a negative shift, but rather one of invigorating life force. The loss of her magnetism is a chance for us to experience her and go with her movements via the entrainment with the sacred current or circuit. I was thrown from the 4<sup>th</sup> dimension back into an awakened state 3<sup>d</sup> dimension due to my inability to stay focused within the spinning earth. I still have work to do to remain always present in her changing states, and is especially testing in her extremities. Great parallels with the lessons I am learning from my wife, and my own feminine aspect of the psyche.

To summarize the events leading up to the shift of the ages, Gregg Braden points to the following.

- ?? General sense of loss of control
- ?? Emotional instability, disconnectedness, loss, fatigue, tension, depression
- ?? Technological and societal breakdown
- ?? Time seems to speed up as thoughts manifest themselves quickly
- ?? Intermittent loss of memory of trivial information
- ?? Odd sleep patterns with vivid, prolific and meaningful dreams
- ?? Individuals experience tremendously difficult challenges as they draw into their lives their worst fears to be balanced/healed

It must be acknowledged that the anticipation of this event should be used to enhance ones inner preparation. The preparation is not meant to spark off survival techniques with the aim of holding onto the old paradigms and external needs. Spiritually speaking these are the last years we have to become the love that we are constantly reaching out for. Plato taught that the love of beauty, (*including and way beyond our usual sexual reference to the word*) is but the souls remembrance of what it once knew before it was encased in flesh. We are in a window of opportunity to take up our fullest potential with an ultimate aim of connecting to our higher will, to enlighten and to collectively ascend into the 4<sup>th</sup> dimension. Those who match the Earths vibration through the cleansing will continue their karma within these raised frequencies, and those whose cells continue to vibrate at the signature frequency of 1.17 volts, will reincarnate to their matched planetary frequency. The charmed bracelet crop circle symbolically illustrates this cleansing. This Glyph is similar to the 8 spoke 'Wheel of Dharma', the Buddhist path to initiation, including ...



1. *the short trident of the sun symbolizing the source of wisdom.*
2. *the crescent moon symbolizing inspiration, regeneration and rebirth.*
3. *the keyhole symbolizing the gaining of insight.*
4. *the heart of the bull, symbolizing the path of ascent through truth and strength.*
5. *the horns of Cernunnos, symbolizing our animal nature and the path of the regenerated soul coming forth,*
6. *the cosmos, marked by the triad of the body, ego and soul harmonized through insight.*
7. *the key of Mercury representing illumination and the emergence of spirituality which unlocks the mysteries within the individual.*

Drawing by John Martineau and Ed Sherwood of the Silbury 1992 charmed bracelet crop circle.

The circle makers used an existing off centered water troth in the paddock to complete the symbolic circle. (8. symbol of cleansing, to immerse oneself in the water of knowledge to gain enlightenment). The use of an existing troth and its off centered positioning highlights this particular symbol to perhaps suggest that it is not only time for cleansing, but that we in 1992 were in fact off the Dharmic path, and that if we are to be collectively and individually cleansed, we need to get back on the cyclical wheel as we enter into the arms of the Aquarian water bearer. 1992 is the entry point of the last 20 year Mayan cycle to 2012, and according to this calendar if we are not already on the path of cleansing, then we have just a few years left to jump on that train which is moving faster and faster. Jumping on the cleansing water carriage may now need to be coupled with athleticism for a smooth jump. I imagine that even if one is holding onto the train and dragging over the rocks behind causing injury to oneself, that it is a matter of inner strength to pull oneself off the path of destruction and into the troth, where all physical wounds are then instantly healed.

*"Man is in the process of changing to forms that are not of this world. Grows he in time to the formless, a plane on the cycle above. Know ye, ye must become formless before ye are one with the light"*

*(Tablet 8; The Emerald Tablets of Thoth. Doreal 1925)*



Perhaps we need to take one step back on the Dharmic path. Number 7, the key of mercury, illustrated here by the spirit of Mercurius symbolizes the process through which we open the door to our true nature. To Carl Jung, this image represents our 'collective unconscious'. It is through Mercurius where we will find it possible to unite polarity consciousness into unity consciousness known also as the Christing process or the individuation process. This is when the alchemist creates the philosophers stone known as 'Lapis', symbolizing internal illumination where not only is it possible to free oneself from metal slavery, but also in the process, free God from matter. The ultimate aim is thus not to just free the individual, but rather to free this deity sleeping in dark matter which we all experience together within the unconscious.

Woodcut of triple-headed dragon from Giovanni Battista Nazari // *metamorfosi metallico*, Brescia, 1564 coloured by Adam Mclean

The polarity of Light and Dark is expressed through consciousness and unconsciousness. Mercurius the key guides us through the dark matter of the unconscious only when we are able to recognize the nature of polarity. When we are able to use the light of consciousness in its true expression, we then begin to own the demons and terrors who symbolize the forms of fear lurking within the darkness of matter, within ones own unconscious, and we will no longer project these axes of evil as external to our own true nature. Mercurius is eternal and will wait in the patience of a seemingly other world, to call forth consciousness into the void of darkness.

The EMERALD TABLETS and THE KYBALION are thought by historians and occultists to be written by the same man if 'man' indeed he was. Legend has it that this master was thrice born, that is, dying 3 times over the last god knows how many years. First came Chiquetet Arlich Vomalites (*meaning the seeker of wisdom*) a ruler over the various Atlantean colonies, who then traveled to Khem, the ancient name of Egypt, teaching his contemporaries Abraham and Moses under the name of Thoth (*the scribe of the gods*), and was the true builder of the pyramids of Gizeh and its underground portions. The great pyramid was once named after Thoth called Khuti (ka-hoot-i), and Thoth has also been spelt as Toth, Thaute, Thute and Thuti, pronounced (ta-hoot-i). He then taught Pythagoras the tricks of the trade of life, giving birth to Greece and our modern civilization, and then lastly became Hermes Trismegistus (*the fount of wisdom; the thrice-great*) who then defined the 7 principles, spreading the secret Hermetic philosophy, astrology and alchemy found only by those who seek the Arcane truths of eternal knowledge. The Freemasons believe Thoth was also Enoch.

Whether or not you go for a mystical immortality story like this or not, its still a great story and light will shine where ever you authentically look for it. Same goes for crop circles and alien intelligence. It's easy to chuck all this in the basket which is labeled crazy stuff, conspiracies, mysticism and myth, and that is where it should be put, but be aware too often in our history have we proven myths were in fact true events. A more recent example is the actual discovery of the City of Troy as described by Plato. Plato also talked of Atlantis. These days you're more likely to get a job in top IT security if you take some conspiracy theory seriously. Next to the 'crazy and weird, not quite sure about it' basket is the basket of information which science has dismissed yet more recently proven to be true. This basket could be called 'oops, mysticism has won again'. There is a science to happiness, where the intellectual and the sexual resonate with the heart. We are extremely vulnerable within duality and we are only a non Brahmic moment away from the close of a Brahmic cycle. We are offered a chance, a choice to open our selves to unity consciousness as the 'mysticism has won again' basket is now, in present history, overflowing again with ancient wisdom. You don't necessarily need to find this ancient wisdom it texts as you'll probably find your next-door neighbor has the perfect lesson for you. Use it now and 'love' and move with the daily and seasonal climatic changes of the earth to the next chance to give of yourself. Just as the true meaning behind the flower of life had for centuries been hidden by two concentric bordering rings to disguise its true form known as Eves grid and Metatron's cube, so too will we collectively discover an 8<sup>th</sup> principal within Hermetic philosophy known only to those who understand and begin to live the 7.

*More to come shortly.....*

*Feel free to comment on the first draft of the introductory chapter*

[nic@lothlorienmusic.com](mailto:nic@lothlorienmusic.com)